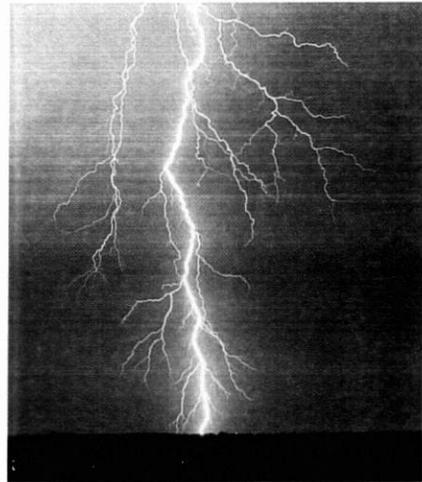


**GOVERNMENT OF PUDUCHERRY
DEPARTMENT OF REVENUE AND DISASTER MANAGEMENT**

**LIGHTNING AND THUNDERSTORM
Do's and Don'ts**

Do's (out door)

1. If you are outdoors, seek appropriate shelter from lightning. Buildings are the best choice for shelter, but if no nearby buildings are available, one can find protection in covered structures like cave, ditch or a canyon. Trees are not the good cover for protection. Wet and tall trees attract lightning and are lethal.
2. If you can't find shelter, avoid the proximity to the tallest objects in the area. If only isolated trees are nearby, then the best protection is to crouch in the open, keeping twice as far away from isolated trees as the trees are high.
3. Get out of water. This includes getting off small boats on the water.
4. The SAFEST location during lightning activity is a large enclosed building not a picnic shelter or shed. The second safest location is an enclosed metal vehicle, car, truck, van, etc., but not a convertible, bike or other topless or soft top vehicle. A safe building is one that is fully enclosed with a roof, walls and floor, such as a home, school, office building or a shopping centres.



Indoor

5. If you hear thunders, don't go outside unless absolutely necessary. Remember, by counting the seconds between the flash and the thunder and dividing by 3, you can estimate your distance from the strike (in Km)
6. Stay away from anything that could conduct electricity. This includes fireplaces, radiators, stoves, metal pipes, sinks and phones.

7. When you feel electric charge – if your hair stands up or your skin starts to tingle, lightning may be about to strike you. Drop to the ground immediately.
8. Stay away from windows and doors
9. Avoid touching metal pipes. Do not wash hands, bath, dishes and clothes and don't dry clothes on wires.
10. Stay away from TV sets, water bodies, pipes, and stoves.

DON'T s

1. Don't use any plug-in electrical appliances like hair dryers, electric toothbrushes, electric razor, if lightning strikes your house, they can connect the charge to you.
2. Don't use the telephone during the storm. Lightning may strike the telephone lines outside.
3. Don't use metal objects outside.
4. Do not seek shelter under partially enclosed buildings
5. Do not lie on the floor
6. Do not stand as a group when lightning strikes in the papers. Spread individually

Procedures to be followed after lightning strikes

1. Cardiopulmonary resuscitation (CPR) should be given immediately if the person is affected by lightning.
2. Rush for immediate medical assistance to the nearest Medical Service Provider.